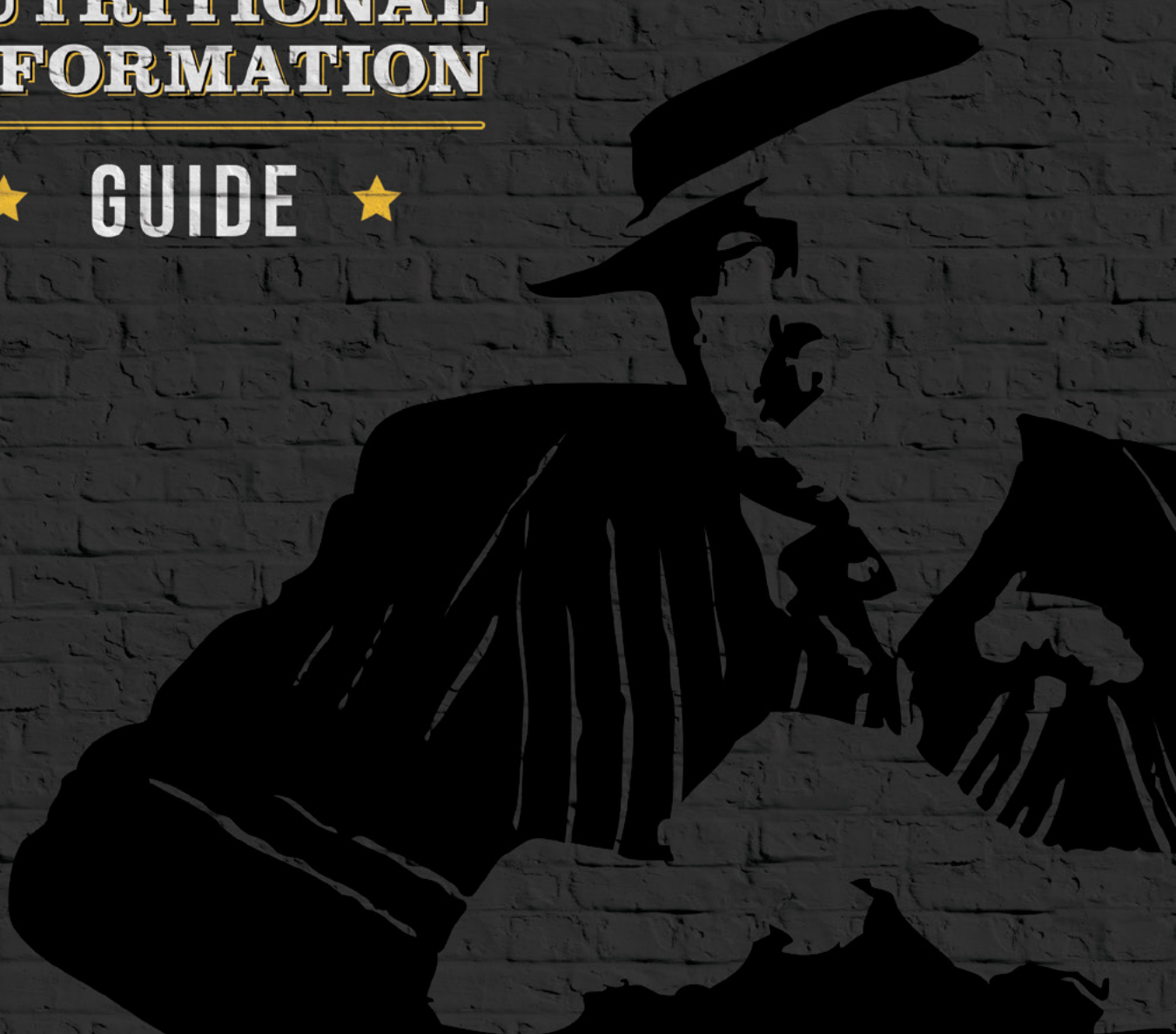




NUTRITIONAL INFORMATION

★ GUIDE ★



GOLDEN CRUST PIZZA

PRODUCT	NUTRITION															ALLERGENS										
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	
MINI																										
All-Meat Combo	Golden	Mini	1/4	96	240	120	13	4.5	0	30	720	19	1	2	12	X	-	-	-	-	-	X	X	-	X	
Bacon Cheeseburger	Golden	Mini	1/4	89	220	100	11	4.5	0	25	490	19	1	2	11	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Golden	Mini	1/4	77	180	50	6	2	0	20	370	22	1	4	9	X	-	-	-	-	-	X	X	-	X	
Beef	Golden	Mini	1/4	79	190	80	9	3.5	0	15	480	19	1	2	9	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Golden	Mini	1/4	82	190	80	9	2.5	0	20	630	18	1	1	9	X	-	-	-	-	-	X	X	-	X	
Cheese	Golden	Mini	1/4	62	150	50	6	2	0	10	300	18	1	1	6	X	-	-	-	-	-	X	X	-	X	
Chicken Bacon Ranch	Golden	Mini	1/4	81	230	100	12	3	0	30	510	18	1	1	13	X	-	-	-	-	-	X	X	-	X	
Classic Combo	Golden	Mini	1/4	88	200	90	10	3.5	0	20	540	19	1	2	10	X	-	-	-	-	-	X	X	-	X	
Ham	Golden	Mini	1/4	66	150	50	6	2	0	10	340	18	1	1	7	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Golden	Mini	1/4	86	180	60	7	2.5	0	15	400	20	1	4	8	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Golden	Mini	1/4	89	210	100	11	4	0	20	560	19	1	2	9	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Golden	Mini	1/4	90	220	100	12	4	0	25	520	19	1	2	9	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Golden	Mini	1/4	64	160	60	7	2.5	0	10	340	18	1	1	7	X	-	-	-	-	-	X	X	-	X	
Sausage	Golden	Mini	1/4	80	190	70	8	3	0	20	550	19	1	2	9	X	-	-	-	-	-	X	X	-	X	
Super Combo	Golden	Mini	1/4	105	220	100	11	4	0	20	580	20	2	2	11	X	-	-	-	-	-	X	X	-	X	
Super Hawaiian	Golden	Mini	1/4	82	170	60	7	2.5	0	15	340	19	1	2	8	X	-	-	-	-	-	X	X	-	X	
Super Taco Pie	Golden	Mini	1/4	119	230	110	12	5	0	25	550	20	2	3	11	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Golden	Mini	1/4	113	220	100	11	5	0	25	520	20	2	2	11	X	-	-	-	-	-	X	X	X	X	
The Don	Golden	Mini	1/4	108	250	120	13	5	0	30	760	20	1	2	14	X	-	-	-	-	-	X	X	-	X	
Veggie Pie	Golden	Mini	1/4	87	160	50	6	2	0	10	360	19	1	2	7	X	-	-	-	-	-	X	X	-	X	
MEDIUM																										
All-Meat Combo	Golden	Medium	1/8	123	320	150	17	6	0	40	810	26	2	2	16	X	-	-	-	-	-	X	X	-	X	
Bacon Cheeseburger	Golden	Medium	1/8	110	280	120	14	6	0	30	590	26	1	2	14	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Golden	Medium	1/8	100	240	80	9	3	0	25	500	29	1	4	12	X	-	-	-	-	-	X	X	-	X	
Beef	Golden	Medium	1/8	102	250	100	12	4.5	0	20	600	25	1	2	12	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Golden	Medium	1/8	103	240	90	10	3.5	0	25	770	25	1	1	12	X	-	-	-	-	-	X	X	-	X	
Cheese	Golden	Medium	1/8	84	210	70	8	3	0	15	420	25	1	2	9	X	-	-	-	-	-	X	X	-	X	
Chicken Bacon Ranch	Golden	Medium	1/8	100	280	120	14	4	0	30	570	24	1	1	14	X	-	-	-	-	-	X	X	-	X	
Classic Combo	Golden	Medium	1/8	118	280	120	13	5	0	25	720	27	2	2	13	X	-	-	-	-	-	X	X	-	X	
Ham	Golden	Medium	1/8	87	210	70	8	3	0	15	470	25	1	2	10	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Golden	Medium	1/8	116	240	90	10	3.5	0	25	590	27	1	4	13	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Golden	Medium	1/8	113	280	130	14	5	0	30	710	26	2	2	13	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Golden	Medium	1/8	104	260	110	13	4.5	0	25	580	26	2	2	11	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Golden	Medium	1/8	91	240	100	11	4	0	20	530	25	1	2	10	X	-	-	-	-	-	X	X	-	X	
Sausage	Golden	Medium	1/8	111	270	110	13	4.5	0	25	800	27	2	2	13	X	-	-	-	-	-	X	X	-	X	
Super Combo	Golden	Medium	1/8	141	310	140	16	6	0	35	810	27	2	2	16	X	-	-	-	-	-	X	X	-	X	
Super Hawaiian	Golden	Medium	1/8	111	240	90	10	3.5	0	25	520	26	1	3	12	X	-	-	-	-	-	X	X	-	X	
Super Taco Pie	Golden	Medium	1/8	143	310	140	16	7	0	35	680	27	2	3	14	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Golden	Medium	1/8	137	300	140	15	7	0	35	650	27	2	3	14	X	-	-	-	-	-	X	X	X	X	
The Don	Golden	Medium	1/8	135	340	160	18	7	0	40	950	27	2	2	18	X	-	-	-	-	-	X	X	-	X	
Veggie Pie	Golden	Medium	1/8	108	220	80	9	3	0	15	470	26	2	2	9	X	-	-	-	-	-	X	X	-	X	

GOLDEN CRUST PIZZA CONT.

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	
LARGE																										
All-Meat Combo	Golden	Large	1/10	141	370	180	20	7	0	45	940	29	2	2	19	X	-	-	-	-	-	X	X	-	X	
Bacon Cheeseburger	Golden	Large	1/10	127	320	150	16	7	0	35	690	28	2	2	16	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Golden	Large	1/10	113	270	90	10	3.5	0	30	570	32	1	5	14	X	-	-	-	-	-	X	X	-	X	
Beef	Golden	Large	1/10	116	290	120	14	5	0	25	700	28	2	2	14	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Golden	Large	1/10	118	280	110	13	4	0	30	880	28	1	1	14	X	-	-	-	-	-	X	X	-	X	
Cheese	Golden	Large	1/10	95	230	80	10	3.5	0	20	480	27	1	2	11	X	-	-	-	-	-	X	X	-	X	
Chicken Bacon Ranch	Golden	Large	1/10	113	310	140	15	4.5	0	40	660	27	1	1	17	X	-	-	-	-	-	X	X	-	X	
Classic Combo	Golden	Large	1/10	135	310	140	15	6	0	30	840	29	2	2	15	X	-	-	-	-	-	X	X	-	X	
Ham	Golden	Large	1/10	106	240	90	10	3.5	0	25	600	27	1	2	13	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Golden	Large	1/10	131	280	100	11	4	0	30	680	30	2	5	14	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Golden	Large	1/10	129	320	150	17	6	0	35	830	28	2	2	15	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Golden	Large	1/10	129	330	160	18	6	0	35	780	28	2	2	14	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Golden	Large	1/10	103	270	110	13	5	0	25	610	27	1	2	12	X	-	-	-	-	-	X	X	-	X	
Sausage	Golden	Large	1/10	116	280	110	13	4.5	0	25	790	29	2	2	14	X	-	-	-	-	-	X	X	-	X	
Super Combo	Golden	Large	1/10	163	360	160	18	8	0	40	940	30	2	3	18	X	-	-	-	-	-	X	X	-	X	
Super Hawaiian	Golden	Large	1/10	125	270	100	11	4	0	30	590	29	2	3	14	X	-	-	-	-	-	X	X	-	X	
Super Taco Pie	Golden	Large	1/10	166	350	170	19	9	0	40	790	30	2	3	17	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Golden	Large	1/10	158	340	160	18	8	0	40	760	29	2	3	17	X	-	-	-	-	-	X	X	X	X	
The Don	Golden	Large	1/10	156	380	180	21	8	0	50	1110	29	2	2	21	X	-	-	-	-	-	X	X	-	X	
Veggie Pie	Golden	Large	1/10	124	240	90	10	3.5	0	20	550	29	2	3	11	X	-	-	-	-	-	X	X	-	X	
JUMBO																										
All-Meat Combo	Golden	Jumbo	1/12	181	470	210	23	8	0	55	1280	41	3	3	23	x	-	-	-	-	-	x	x	-	x	
Bacon Cheeseburger	Golden	Jumbo	1/12	164	420	170	19	8	0	40	940	41	2	3	20	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Golden	Jumbo	1/12	150	360	110	12	4.5	0	35	730	45	2	6	18	X	-	-	-	-	-	X	X	-	X	
Beef	Golden	Jumbo	1/12	151	370	140	15	6	0.5	30	860	41	2	3	18	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Golden	Jumbo	1/12	157	370	140	16	4.5	0	35	1110	40	2	2	18	X	-	-	-	-	-	X	X	-	X	
Cheese	Golden	Jumbo	1/12	129	320	100	12	4	0	20	630	40	2	2	14	X	-	-	-	-	-	X	X	-	X	
Chicken Bacon Ranch	Golden	Jumbo	1/12	150	410	170	19	5	0	45	830	39	1	2	21	X	-	-	-	-	-	X	X	-	X	
Classic Combo	Golden	Jumbo	1/12	172	410	170	19	7	0	35	1060	42	3	3	19	X	-	-	-	-	-	X	X	-	X	
Ham	Golden	Jumbo	1/12	142	320	100	11	4	0	30	770	40	2	3	16	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Golden	Jumbo	1/12	166	360	120	13	5	0	35	840	43	2	5	18	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Golden	Jumbo	1/12	167	420	180	20	7	0	40	1020	41	2	3	19	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Golden	Jumbo	1/12	167	430	190	21	8	0	40	960	41	2	3	18	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Golden	Jumbo	1/12	135	330	110	12	5	0	30	750	40	2	2	16	X	-	-	-	-	-	X	X	-	X	
Sausage	Golden	Jumbo	1/12	158	370	130	14	5	0	30	980	42	3	3	18	X	-	-	-	-	-	X	X	-	X	
Super Combo	Golden	Jumbo	1/12	205	450	190	22	9	0	50	1200	43	3	4	23	X	-	-	-	-	-	X	X	-	X	
Super Hawaiian	Golden	Jumbo	1/12	169	380	130	15	6	0	40	900	42	2	4	19	X	-	-	-	-	-	X	X	-	X	
Super Taco Pie	Golden	Jumbo	1/12	209	450	200	22	10	0	50	970	43	3	4	21	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Golden	Jumbo	1/12	200	440	190	21	10	0	45	930	42	3	4	21	X	-	-	-	-	-	X	X	X	X	
The Don	Golden	Jumbo	1/12	197	490	220	24	9	0	60	1330	42	3	3	25	X	-	-	-	-	-	X	X	-	X	
Veggie Pie	Golden	Jumbo	1/12	161	330	110	12	4.5	0	20	700	42	2	3	14	X	-	-	-	-	-	X	X	-	X	

THIN CRUST PIZZA

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	
MEDIUM																										
All-Meat Combo	Thin	Medium	1/8	114	290	140	15	6	0	40	790	22	2	2	16	X	-	-	-	-	-	X	X	-	X	
Bacon Cheeseburger	Thin	Medium	1/8	101	250	110	12	5	0	30	530	22	1	2	13	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Thin	Medium	1/8	74	190	70	8	3	0	25	350	18	1	3	10	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Thin	Medium	1/8	94	210	80	9	3	0	25	650	21	1	1	12	X	-	-	-	-	-	X	X	-	X	
Cheese	Thin	Medium	1/8	74	170	60	6	2.5	0	15	310	21	1	1	8	X	-	-	-	-	-	X	X	-	X	
Chicken Bacon Ranch	Thin	Medium	1/8	90	240	110	12	3.5	0	30	460	20	1	1	14	X	X	-	-	-	-	X	X	X	X	
Chicken Sausage Italiano	Thin	Medium	1/8	113	230	90	10	3.5	0	25	500	24	1	3	12	X	-	-	-	-	-	X	X	-	X	
Classic Combo	Thin	Medium	1/10	108	240	100	11	4.5	0	25	630	23	2	2	12	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Thin	Medium	1/8	102	210	70	8	3	0	25	480	23	1	3	12	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Thin	Medium	1/8	103	250	110	13	5	0	30	600	22	1	2	12	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Thin	Medium	1/8	94	220	100	11	4	0	25	460	22	1	1	11	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Thin	Medium	1/8	82	210	90	10	4	0	20	420	21	1	1	10	X	-	-	-	-	-	X	X	-	X	
Super Combo	Thin	Medium	1/8	132	280	130	14	6	0	35	730	23	2	2	15	X	-	-	-	-	-	X	X	-	X	
Super Hawaiian	Thin	Medium	1/8	101	210	70	8	3	0	25	480	22	1	3	12	X	-	-	-	-	-	X	X	-	X	
Super Taco Pie	Thin	Medium	1/8	134	270	130	14	7	0	35	570	23	2	2	14	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Thin	Medium	1/8	128	260	120	13	7	0	35	540	23	2	2	14	X	-	-	-	-	-	X	X	X	X	
The Don	Thin	Medium	1/8	109	280	160	17	6	0	40	800	16	1	1	16	X	-	-	-	-	-	X	X	-	X	
Veggie Pie	Thin	Medium	1/8	98	180	60	7	2.5	0	15	360	22	2	2	9	X	-	-	-	-	-	X	X	-	X	
LARGE																										
All-Meat Combo	Thin	Large	1/10	115	320	180	20	7	0	45	900	18	2	1	17	X	-	-	-	-	-	X	X	-	X	
Bacon Cheeseburger	Thin	Large	1/10	101	270	150	16	7	0	35	610	18	1	2	14	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Thin	Large	1/10	87	220	90	10	3.5	0	30	410	21	1	4	12	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Thin	Large	1/10	107	240	100	11	3.5	0	30	750	23	1	1	14	X	-	-	-	-	-	X	X	-	X	
Cheese	Thin	Large	1/10	69	190	80	9	3.5	0	20	330	17	1	1	9	X	-	-	-	-	-	x	X	-	X	
Chicken Bacon Ranch	Thin	Large	1/10	87	260	140	15	4.5	0	40	500	16	1	0	15	X	X	-	-	-	-	X	X	-	X	
Classic Combo	Thin	Large	1/10	109	270	140	15	5	0	30	710	19	2	1	13	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Thin	Large	1/10	120	240	80	9	3.5	0	30	550	25	1	4	13	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Thin	Large	1/10	103	270	150	17	6	0	35	670	18	1	1	13	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Thin	Large	1/10	104	280	160	18	6	0	35	620	18	1	1	13	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Thin	Large	1/10	98	270	150	16	6	0	35	750	18	2	1	13	X	-	-	-	-	-	X	X	-	X	
Super Combo	Thin	Large	1/10	137	310	160	18	7	0	40	820	20	2	2	16	X	-	-	-	-	-	X	X	-	X	
Super Hawaiian	Thin	Large	1/10	100	220	100	11	4	0	30	520	18	1	2	12	X	-	-	-	-	-	X	X		X	
Super Taco Pie	Thin	Large	1/10	140	310	170	19	9	0	40	640	19	2	2	15	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Thin	Large	1/10	140	310	170	19	9	0	40	640	19	2	2	15	X	-	-	-	-	-	X	X	X	X	
The Don	Thin	Large	1/10	144	350	170	19	7	0	50	980	25	2	2	20	X	-	-	-	-	-	X	X	X	X	
Veggie Pie	Thin	Large	1/10	98	200	90	10	3.5	0	20	390	18	2	2	9	X	-	-	-	-	-	X	X	-	X	

THIN CRUST PIZZA CONT.

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	
JUMBO																										
All-Meat Combo	Thin	Jumbo	1/12	135	380	210	23	8	0	55	1040	22	2	1	20	X	-	-	-	-	-	X	X	-	X	
Bacon Cheeseburger	Thin	Jumbo	1/12	118	320	170	19	8	0	40	700	21	1	2	16	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Thin	Jumbo	1/12	104	270	110	12	4	0	35	490	25	1	5	14	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Thin	Jumbo	1/12	114	300	160	18	5	0	35	860	20	1	1	15	X	-	-	-	-	-	X	X	-	X	
Cheese	Thin	Jumbo	1/12	83	230	100	11	4	0	20	390	20	1	1	10	X	-	-	-	-	-	X	X	-	X	
Chicken Bacon Ranch	Thin	Jumbo	1/12	107	340	190	21	6	0	45	620	20	1	0	17	X	X	-	-	-	-	X	X	X	X	
Classic Combo	Thin	Jumbo	1/12	126	310	160	18	6	0	35	820	22	2	2	15	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Thin	Jumbo	1/12	120	270	120	13	4.5	0	35	600	23	1	4	14	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Thin	Jumbo	1/12	121	320	180	20	7	0	40	780	21	2	1	15	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Thin	Jumbo	1/12	121	330	190	21	7	0	40	720	21	2	1	15	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Thin	Jumbo	1/12	92	270	140	16	6	0	30	540	20	1	1	12	X	-	-	-	-	-	X	X	-	X	
Super Combo	Thin	Jumbo	1/12	205	450	190	22	9	0	50	1200	43	3	4	23	X	-	-	-	-	-	X	X	-	X	
Super Hawaiian	Thin	Jumbo	1/12	123	290	130	15	5	0	40	660	22	1	3	16	X	-	-	-	-	-	X	X	-	X	
Super Taco Pie	Thin	Jumbo	1/12	163	360	200	22	10	0	50	730	23	2	3	18	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Thin	Jumbo	1/12	154	350	190	21	9	0	45	690	22	2	2	17	X	-	-	-	-	-	X	X	X	X	
The Don	Thin	Jumbo	1/12	150	390	220	24	9	0	60	1090	23	2	2	22	X	-	-	-	-	-	X	X	-	X	
Veggie Pie	Thin	Jumbo	1/12	114	240	110	12	4	0	20	460	22	2	2	11	X	-	-	-	-	-	X	X	-	X	

MOZZA-LOADED CRUST PIZZA

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	
MEDIUM																										
All-Meat Combo	Mozza-Loaded	Medium	1/8	138	360	170	19	8	0	45	1010	28	2	2	18	X	-	-	-	-	-	X	X	-	X	
Bacon Cheeseburger	Mozza-Loaded	Medium	1/8	124	320	150	16	7	0	40	760	28	2	2	16	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Mozza-Loaded	Medium	1/8	114	280	100	11	4.5	0	30	600	31	1	4	14	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Mozza-Loaded	Medium	1/8	118	280	110	13	5	0	35	870	27	1	2	14	X	-	-	-	-	-	X	X	-	X	
Cheese	Mozza-Loaded	Medium	1/8	98	250	100	11	4.5	0	25	530	27	1	2	11	X	-	-	-	-	-	X	X	-	X	
Chicken Bacon Ranch	Mozza-Loaded	Medium	1/8	118	330	150	17	6	0	45	740	27	1	1	18	X	X	-	-	-	-	X	X	X	X	
Classic Combo	Mozza-Loaded	Medium	1/8	132	310	140	16	6	0	35	850	29	2	2	15	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Mozza-Loaded	Medium	1/8	121	280	110	12	5	0	35	700	28	1	3	14	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Mozza-Loaded	Medium	1/8	127	320	150	17	7	0	35	820	28	2	2	15	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Mozza-Loaded	Medium	1/8	118	300	130	15	6	0	35	680	28	2	2	13	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Mozza-Loaded	Medium	1/8	105	280	120	14	6	0	30	640	27	1	2	13	X	-	-	-	-	-	X	X	-	X	
Super Combo	Mozza-Loaded	Medium	1/8	156	350	160	18	8	0	45	950	29	2	3	18	X	-	-	-	-	-	X	X	-	X	
Super Taco Pie	Mozza-Loaded	Medium	1/8	158	350	160	18	9	0	45	780	29	2	3	16	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Mozza-Loaded	Medium	1/8	152	340	160	18	8	0	40	760	29	2	3	16	X	-	-	-	-	-	X	X	X	X	
The Don	Mozza-Loaded	Medium	1/8	149	370	180	20	8	0	50	1050	29	2	2	20	X	-	-	-	-	-	X	X	-	X	
Veggie Pie	Mozza-Loaded	Medium	1/8	122	260	100	11	4.5	0	25	580	28	2	2	11	X	-	-	-	-	-	X	X	-	X	

MOZZA-LOADED CRUST PIZZA CONT.

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	
LARGE																										
All-Meat Combo	Mozza-Loaded	Large	1/10	155	400	200	22	9	0	55	1160	31	2	2	21	X	-	-	-	-	-	X	X	-	X	
Bacon Cheeseburger	Mozza-Loaded	Large	1/10	127	320	150	16	7	0	35	770	28	2	2	16	X	-	-	-	-	-	X	X	-	X	
BBQ Chicken	Mozza-Loaded	Large	1/10	127	310	110	12	5	0	35	680	33	1	5	16	X	-	-	-	-	-	X	X	-	X	
Buffalo Chicken	Mozza-Loaded	Large	1/10	133	320	140	15	5	0	40	990	30	1	2	16	X	-	-	-	-	-	X	X	-	X	
Cheese	Mozza-Loaded	Large	1/10	109	270	110	12	5	0	25	590	29	1	2	13	X	-	-	-	-	-	X	X	-	X	
Chicken Bacon Ranch	Mozza-Loaded	Large	1/10	131	370	170	19	6	0	55	840	29	1	1	20	X	X	-	-	-	-	X	X	X	X	
Classic Combo	Mozza-Loaded	Large	1/10	149	350	160	18	7	0	40	980	31	2	3	17	X	-	-	-	-	-	X	X	-	X	
Hawaiian	Mozza-Loaded	Large	1/10	135	310	120	14	6	0	40	790	30	1	3	16	X	-	-	-	-	-	X	X	-	X	
Hot Stuff	Mozza-Loaded	Large	1/10	143	360	170	19	8	0	40	930	30	2	2	17	X	-	-	-	-	-	X	X	-	X	
Humble Pie	Mozza-Loaded	Large	1/10	144	370	180	20	8	0	45	890	30	2	2	16	X	-	-	-	-	-	X	X	-	X	
Pepperoni	Mozza-Loaded	Large	1/10	117	310	140	16	7	0.5	40	690	29	1	2	14	X	-	-	-	-	-	X	X	-	X	
Super Combo	Mozza-Loaded	Large	1/10	177	390	190	21	9	0	50	1090	32	2	3	20	X	-	-	-	-	-	X	X	-	X	
Super Taco Pie	Mozza-Loaded	Large	1/10	180	390	190	21	10	0	50	900	32	2	3	19	X	-	-	-	-	-	X	X	X	X	
Taco Pie	Mozza-Loaded	Large	1/10	172	380	180	20	10	0	50	870	31	2	3	19	X	-	-	-	-	-	X	X	X	X	
The Don	Mozza-Loaded	Large	1/10	170	420	210	23	9	0	60	1220	31	2	3	23	X	-	-	-	-	-	X	X	-	X	
Veggie Pie	Mozza-Loaded	Large	1/10	138	280	110	12	5	0	25	660	31	2	3	13	X	-	-	-	-	-	X	X	-	X	

THIN CRUST PIZZA/THE DON'S LIGHT LINE

PRODUCT	NUTRITION														ALLERGENS											
	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion		
MEDIUM																										
Baja Taco	Medium	1/8	94	190	70	7	3	0	15	380	23	2	2	9	X	-	-	-	-	-	X	X	-	X		
Margherita	Medium	1/8	85	190	70	8	2	0	10	290	22	1	2	7	X	-	-	-	-	-	X	X	-	X		
Mediterranean Veggie	Medium	1/8	80	180	70	8	2	0	10	270	21	1	1	7	X	-	-	-	-	-	X	X	-	X		
Pesto Chicken Artichoke	Medium	1/8	77	180	60	7	2.5	0	15	300	20	1	1	9	X	-	-	-	-	-	X	X	-	X		
Pesto Chicken Spinach	Medium	1/8	70	170	50	6	2	0	15	270	20	1	1	9	X	-	-	-	-	-	X	X	-	X		
Pizza Rustica	Medium	1/8	91	170	50	6	2	0	15	350	22	1	2	8	X	-	-	-	-	-	X	X	-	X		
Sicilian Veggie	Medium	1/8	90	190	70	8	2	0	10	300	21	1	1	8	X	-	-	-	-	-	X	X	-	X		
LARGE																										
Baja Taco	Large	1/10	107	220	80	9	3.5	0	20	450	25	2	2	10	X	-	-	-	-	-	X	X	-	X		
Margherita	Large	1/10	97	210	90	10	2.5	0	15	350	24	1	2	8	X	-	-	-	-	-	X	X	-	X		
Mediterranean Veggie	Large	1/10	93	200	80	9	2.5	0	15	320	22	1	1	8	X	-	-	-	-	-	X	X	-	X		
Pesto Chicken Artichoke	Large	1/10	84	200	70	8	2.5	0	20	340	22	1	1	11	X	-	-	-	-	-	X	X	-	X		
Pesto Chicken Spinach	Large	1/10	80	190	60	7	2.5	0	20	320	21	1	1	11	X	-	-	-	-	-	X	X	-	X		
Pizza Rustica	Large	1/10	104	200	60	7	2.5	0	15	400	24	1	2	9	X	-	-	-	-	-	X	X	-	X		
Sicilian Veggie	Large	1/10	104	210	80	9	2.5	0	15	350	23	1	1	9	X	-	-	-	-	-	X	X	-	X		

BREAKFAST

PRODUCT	NUTRITION															ALLERGENS									
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
Denver Omelet Pizza	Golden	Large	1/8	117	250	70	8	4	0	50	540	33	1	2	12	X	X	-	-	-	-	X	X	-	-
Denver Omelet Pizza	Golden	Mini	1	291	580	170	19	8	0	205	1320	71	3	4	28	X	X	-	-	-	-	X	X	-	-
Denver Omelet Pizza	Golden	Mini	1/4	73	140	45	5	2	0	50	330	18	1	1	7	X	X	-	-	-	-	X	X	-	-
Bacon, Egg & Cheese Pizza	Golden	Large	1/8	108	270	90	10	4.5	0	55	470	32	1	2	13	X	X	-	-	-	-	X	X	-	-
Bacon, Egg & Cheese Pizza	Golden	Mini	1	270	630	210	24	9	0	220	1260	69	3	3	32	X	X	-	-	-	-	X	X	-	-
Bacon, Egg & Cheese Pizza	Golden	Mini	1/4	67	160	50	6	2.5	0	55	380	17	1	1	8	X	X	-	-	-	-	X	X	-	-
Sausage, Egg & Cheese Pizza	Golden	Large	1/8	116	280	90	10	5	0	50	620	33	2	2	13	X	X	-	-	-	-	X	X	-	-
Sausage, Egg & Cheese Pizza	Golden	Mini	1	291	650	230	25	10	0	215	1650	71	4	3	32	X	X	-	-	-	-	X	X	-	-
Sausage, Egg & Cheese Pizza	Golden	Mini	1/4	78	190	80	9	3.5	0	60	480	18	1	1	9	X	X	-	-	-	-	X	X	-	-
Ham, Egg & Cheese Pizza	Golden	Large	1/8	110	250	70	8	4	0	50	540	32	1	2	12	X	X	-	-	-	-	X	X	-	-
Ham, Egg & Cheese Pizza	Golden	Mini	1	262	570	170	19	8	0	205	1320	69	3	3	28	X	X	-	-	-	-	X	X	-	-
Ham, Egg & Cheese Pizza	Golden	Mini	1/4	66	140	45	5	2	0	50	330	17	1	1	7	X	X	-	-	-	-	X	X	-	-
Ham, Sausage, Egg & Cheese Pizza	Golden	Large	1/8	123	280	90	10	5	0	55	680	33	2	2	14	X	X	-	-	-	-	X	X	-	-
Ham, Sausage, Egg & Cheese Pizza	Golden	Mini	1	298	650	230	25	10	0	215	1720	71	4	3	33	X	X	-	-	-	-	X	X	-	-
Ham, Sausage, Egg & Cheese Pizza	Golden	Mini	1/4	74	160	60	6	2.5	0	55	460	18	1	1	8	X	X	-	-	-	-	X	X	-	-
Bacon, Egg, Cheese & Sausage Pizza	Golden	Large	1/8	108	270	90	10	4.5	0	55	570	32	1	2	13	X	X	-	-	-	-	X	X	-	-
Bacon, Egg, Cheese & Sausage Pizza	Golden	Mini	1/4	76	180	70	8	3	0	60	480	18	1	2	10	X	X	-	-	-	-	X	X	-	-
Bacon, Egg, Cheese & Sausage Pizza	Golden	Mini	1	304	720	280	31	12	0.5	235	1920	71	3	4	38	X	X	-	-	-	-	X	X	-	-
Egg & Cheese Quesadilla	Tortilla	Each	1	199	640	380	43	15	0	280	1510	39	2	1	24	X	X	-	-	-	-	X	X	-	-
Bacon, Egg & Cheese Quesadilla	Tortilla	Each	1	219	720	440	49	18	0	305	1510	39	2	1	31	X	X	-	-	-	-	X	X	-	-
Sausage, Egg & Cheese Quesadilla	Tortilla	Each	1	219	690	410	46	17	0	285	1730	40	3	2	27	X	X	-	-	-	-	X	X	-	-
Ham, Egg & Cheese Quesadilla	Tortilla	Each	1	228	670	390	44	16	0	295	1760	39	2	2	29	X	X	-	-	-	-	X	X	-	-
Bacon, Egg & Cheese Burrito	Tortilla	Each	1	205	600	310	35	15	0	305	1390	39	2	1	31	X	X	-	-	-	-	X	X	-	-
Sausage, Egg & Cheese Burrito	Tortilla	Each	1	205	570	290	32	14	0	285	1610	40	3	2	27	X	X	-	-	-	-	X	X	-	-
Ham, Egg & Cheese Burrito	Tortilla	Each	1	213	550	270	29	13	0	295	1650	39	2	2	29	X	X	-	-	-	-	X	X	-	-
Bacon, Egg & Cheese Sandwich	-	Each	1	133	380	220	25	10	0	230	1150	17	2	1	24	X	X	-	-	-	-	X	X	-	-
Ham, Egg & Cheese Sandwich	-	Each	1	147	330	170	19	8	-	220	1280	18	2	1	21	X	X	-	-	-	-	X	X	-	-
Sausage, Egg & Cheese Sandwich	-	Each	1	147	420	280	31	21	-	225	1130	19	3	2	20	X	X	-	-	-	-	X	X	-	-
Bacon, Egg & Cheese Calzone	Golden	Each	1	248	670	270	31	12	0	225	1420	37	3	3	30	X	X	-	-	-	-	X	X	-	-
Sausage, Egg & Cheese Calzone	Golden	Each	1	255	650	260	29	11	0	215	1470	69	3	3	29	X	X	-	-	-	-	X	X	-	-

TOPPINGS

ITEM	CALORIES PER SLICE			
		Medium	Large	Jumbo
MEATS				
Anchovies	5	5	5	5
Bacon bits	20	30	35	45
Beef	45	45	50	60
Chicken Breast Strips	20	20	25	30
Chicken Sausage	40	40	40	50
Crab, imitation	5	5	5	5
Ham, sliced	5	10	10	10
Ham, diced	25	25	30	35
Italian Sausage	60	60	70	80
Pepperoni	10	35	35	45
Sausage	45	45	50	60
Shrimp, canned	10	10	10	15
Steak	30	30	40	40
CHEESE & DAIRY				
Sauce, Cheddar style	5	15	15	5
Cheese, Cheddar (extra)	10	20	25	30
Cheese, Cream	10	25	30	30
Cheese, Feta	10	20	25	25
Cheese, Mozzarella (extra)	10	25	25	30
Cheese, seasoned	5	5	5	5
Cheese, Vegan	30	35	45	50
Sour cream	15	15	15	20
VEGETABLES				
Artichokes	5	5	5	5
Garlic, minced	5	5	5	5
Lettuce	5	5	5	5
Mushroom, canned	5	5	5	5
Mushroom, fresh	5	5	5	5
Olives, Black	10	10	10	10
Olives, Green	10	10	10	15
Onions, caramelized	10	15	15	20
Onion, red or white	5	5	5	5
Peppers, Banana	5	5	5	5
Peppers, Green	5	5	5	5
Peppers, Jalapeño	5	5	5	5
Peppers, Red roasted	5	5	5	5
Pickles, sliced	5	5	5	5
Sauerkraut	5	5	5	5
Spinach, fresh	5	5	5	5
Spinach, frozen	5	5	5	5
Tomato, diced	5	5	5	5
Tomato, marinated	20	20	20	25

TOPPINGS CONT.

ITEM	CALORIES PER SLICE			
	Mini	Medium	Large	Jumbo
SAUCES				
Alfredo	25	25	30	30
BBQ	10	15	15	15
Buffalo	5	5	5	5
Garlic Parmesan	10	10	15	20
Marinara	5	5	10	10
Olive Oil & Garlic	5	15	20	5
Pesto	20	20	20	25
Pizza	5	5	5	5
Ranch	25	30	30	40
Sweet Chili	20	20	25	25
Taco	5	5	10	10
MISCELLANEOUS				
Black beans	15	15	20	20
Corn	5	5	5	5
Pineapple	10	10	10	10

BREAD (SAVORY)

PRODUCT	NUTRITION													ALLERGENS										
	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
Breadsticks from Golden	7" foil/mini	1/8	20	60	20	2	0.5	0	0	90	8	0	0	2	-	-	-	-	-	-	X	X	-	X
Breadsticks from Golden	9" foil	1/8	33	90	30	3.5	1	0	0	150	13	1	1	3	-	-	-	-	-	-	X	X	-	X
Breadsticks from Golden	Small	1/12	27	70	20	2.5	0.5	0	0	115	11	0	1	2	-	-	-	-	-	-	X	X	-	X
Breadsticks from Golden	Medium	1/16	28	80	2.5	0.5	0	0	130	12	0	1	3	4	-	-	-	-	-	-	X	X	-	X
Breadsticks from Golden	Large	1/24	26	80	25	3	1	0	0	125	11	0	1	3	-	-	-	-	-	-	X	X	-	X
Premade Breadsticks	1 Breadstick	1	48	160	70	7	1.5	0	0	280	20	1	1	3	-	-	-	-	-	-	-	X	-	X
Cheesesticks	7" foil/mini	1/8	26	80	30	3.5	1	0	5	140	8	0	0	3	X	-	-	-	-	-	X	X	-	X
Cheesesticks	9" foil	1/8	38	110	35	4	1.5	0	5	190	13	1	1	4	X	-	-	-	-	-	X	X	-	X
Cheesesticks	Small	1/12	34	100	35	4	1.5	0	5	180	11	0	1	4	X	-	-	-	-	-	X	X	-	X
Cheesesticks	Medium	1/16	37	110	45	5	2	0	5	210	12	0	1	5	X	-	-	-	-	-	X	X	-	X
Cheesesticks	Large	1/24	33	100	40	4	1.5	0	5	180	11	0	1	4	X	-	-	-	-	-	X	X	-	X
Firecracker Cheesesticks	Mini	1/8	33	90	35	4	2.0	0	10	200	9	0	1	4	X	-	-	-	-	-	X	X	-	X
Firecracker Cheesesticks	Small	1/12	45	120	50	6	2.5	0	15	280	12	1	1	5	X	-	-	-	-	-	X	X	-	X
Firecracker Cheesesticks	Medium	1/16	45	120	50	6	2.5	0	15	270	12	1	1	5	X	-	-	-	-	-	X	X	-	X
Firecracker Cheesesticks	Large	1/24	44	120	50	6	2.5	0	15	280	11	1	1	5	X	-	-	-	-	-	X	X	-	X
Garlic Bread	1 order	1 piece	40	160	80	9	2	0	0	280	17	1	0	3	X	-	-	-	-	-	X	X	-	X
Garlic Bread w/cheese	1 order	1 piece	54	200	110	12	3.5	0	10	410	17	1	0	6	X	-	-	-	-	-	X	X	-	X
Monkey Bread - Italian	7" foil/mini	1 pan	191	510	120	13	3	0	5	730	83	3	4	16	X	-	-	-	-	-	X	X	-	X
Monkey Bread - Italian	9" foil	1/6	50	130	20	2.5	0.5	0	0	180	22	1	1	4	X	-	-	-	-	-	X	X	-	X
Pepperoni Sticks	Small	1/12	43	150	80	9	3	0	10	290	11	0	1	6	X	-	-	-	-	-	X	X	-	X
Supersticks	Mini	1/8	30	100	45	5	2	0	10	190	9	0	0	5	X	-	-	-	-	-	X	X	-	X
Supersticks	Small	1/12	37	110	45	5	2	0	10	230	11	0	1	5	X	-	-	-	-	-	X	X	-	X
Supersticks	Medium	1/16	39	120	50	6	2	0	10	230	12	0	1	5	X	-	-	-	-	-	X	X	-	X
Supersticks	Large	1/24	35	110	45	5	2	0	10	210	11	0	1	5	X	-	-	-	-	-	X	X	-	X

DIPPER CUPS																									
PRODUCT	NUTRITION													ALLERGENS											
	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	
DIPPER CUPS																									
BBQ	2 oz	2 oz	57	90	0	0	-	-	0	360	24	-	16	-	-	-	-	-	-	-	-	-	-	-	X
Blue Cheese	2 oz	2 oz	57	230	200	23	4	-	35	440	4	0	4	1	X	X	-	-	-	-	-	-	-	-	-
Buffalo	2 oz	2 oz	57	25	5	0.5	0	-	0	1670	5	0	1	0	-	-	-	-	-	-	-	-	-	-	X
Cheddar Style Cheese	2 oz	2 oz	57	50	35	3.5	0	-	0	480	4	0	-	1	X	-	-	-	-	-	X	-	-	-	-
Garlic Parmesan	2 oz	2 oz	57	300	270	30	5	0	5	780	7	0	1	1	X	-	-	-	-	-	-	-	-	-	X
Honey Mustard	2 oz	2 oz	57	240	190	21	3.5	0	15	320	13	0	12	1	-	X	-	-	-	-	-	-	-	-	-
Marinara	2 oz	2 oz	65	35	5	0.5	0	0	0	230	8	1	5	1	-	-	-	-	-	-	-	-	-	-	X
Ranch Dressing	2 oz	2 oz	57	240	230	26	4.5	0	15	500	3	0	2	1	X	X	-	-	-	-	-	-	-	X	X
Sweet Chili	2 oz	2 oz	57	80	0	0	0	-	-	540	20	-	16	0	-	-	-	-	-	-	-	-	-	-	X
Teriyaki	2 oz	2 oz	57	80	0	0	0	-	0	1010	17	0	12	2	-	-	-	-	-	-	X	X	-	-	X

Prepackaged Dipper Cups: See manufacturer specifications for nutritional information.

CALZONES																									
PRODUCT	NUTRITION													ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
All-Meat Combo	Golden	Mini	1	244	660	240	28	10	0.5	55	1430	71	4	3	29	X	-	-	-	-	-	X	X	-	X
Bacon Cheeseburger	Golden	Mini	1	375	870	390	44	18	1.5	95	2180	76	5	7	43	X	-	-	-	-	-	X	X	-	X
Classic Combo	Golden	Mini	1	289	650	250	28	10	0.5	45	1590	73	5	5	28	X	-	-	-	-	-	X	X	-	X
Lottsa Mozza	Golden	Mini	1	210	580	210	23	9	0	45	1130	68	3	3	26	X	-	-	-	-	-	X	X	-	X
Pepperoni	Golden	Mini	1	223	570	200	22	8	0.5	35	1170	70	4	5	23	X	-	-	-	-	-	X	X	-	X

PIZZA ROLLS																									
PRODUCT	NUTRITION													ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
Pepperoni	Golden	-	1	191	550	200	22	8	0.5	35	1060	67	3	3	20	X	-	-	-	-	-	X	X	-	X
Ham	Golden	-	1	196	510	160	18	7	0.5	35	960	67	3	3	22	X	-	-	-	-	-	X	X	-	X

DESSERTS																									
PRODUCT	NUTRITION															ALLERGENS									
	Crust	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
STREUSEL																									
Apple	Golden	7" foil	1/4	94	210	35	4	1	0.5	0	190	41	1	15	4	X	-	-	-	-	-	X	X	-	-
Apple	Golden	7" foil	1 pan	374	860	150	17	3.5	2.5	0	770	166	6	60	16	X	-	-	-	-	-	X	X	-	-
Cherry	Golden	7" foil	1/4	94	220	35	4	1	0.5	0	180	42	1	11	4	X	-	-	-	-	-	X	X	-	-
Cherry	Golden	7" foil	1 pan	374	870	150	17	3.5	2.5	0	730	168	5	43	16	X	-	-	-	-	-	X	X	-	-
Cherry Cheesecake	Golden	7" foil	1/4	97	230	50	5	1.5	0.5	5	200	42	1	11	4	X	-	-	-	-	-	X	X	-	-
Cherry Cheesecake	Golden	7" foil	1 pan	389	920	190	21	6	2.5	15	790	169	5	43	17	X	-	-	-	-	-	X	X	-	-
Cinnamon	Golden	7" foil	1/4	64	200	50	6	1	0.5	0	190	33	1	11	4	X	-	-	-	-	-	X	X	-	-
Cinnamon	Golden	7" foil	1 pan	254	790	210	24	4.5	2.5	0	770	132	4	43	15	X	-	-	-	-	-	X	X	-	-
MONKEY BREAD																									
Caramel	Golden	7" foil	1/4	60	180	50	6	1	0	0	200	30	1	10	4	X	-	-	-	-	-	X	X	-	-
Caramel	Golden	7" foil	1 pan	241	730	200	24	4.5	0	0	800	119	4	39	14	X	-	-	-	-	-	X	X	-	-
Cinnamon	Golden	7" foil	1/4	53	140	20	2.5	0	0	0	160	27	1	7	4	X	-	-	-	-	-	X	X	-	-
Cinnamon	Golden	7" foil	1 pan	213	570	80	9	1.5	0	0	650	108	4	27	14	X	-	-	-	-	-	X	X	-	-
M&M	Golden	7" foil	1/4	60	180	35	4	1.5	0	0	170	32	1	11	4	X	-	-	-	-	-	X	X	-	-
M&M	Golden	7" foil	1 pan	241	710	140	16	6	0.5	5	670	127	5	45	16	X	-	-	-	-	-	X	X	-	-
OTHER ITEMS																									
Big Cookie	-	7" foil	1/4	37	160	70	7	2.5	0.5	15	190	23	1	14	1	X	X	-	-	-	-	X	X	-	-
Big Cookie	-	9" foil	1/6	50	210	90	10	3.5	1	20	260	31	1	19	2	X	X	-	-	-	-	X	X	-	-

CHICKEN WINGS & TENDERS																								
PRODUCT	NUTRITION													ALLERGENS										
	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
BONELESS WINGS																								
Naked	1 serving	3 oz	85	170	60	7	1.5	0	45	570	11	0	0	18	-	-	-	-	-	-	X	X	-	X
BBQ	1 serving	3 oz	85	170	50	6	1.5	0	40	560	15	0	4	15	-	-	-	-	-	-	X	X	-	X
Buffalo	1 serving	3 oz	85	150	60	6	1.5	0	40	840	10	0	0	15	-	-	-	-	-	-	X	X	-	X
Garlic Parmesan	1 serving	3 oz	85	220	120	13	2.5	0	40	660	11	0	0	16	X	-	-	-	-	-	X	X	-	X
Honey Mustard	1 serving	3 oz	85	200	100	11	2	0	45	560	12	0	3	16	-	X	-	-	-	-	X	X	-	X
Sweet Chili	1 serving	3 oz	85	160	50	6	1.5	0	40	610	14	0	4	15	-	-	-	-	-	-	X	X	-	X
Teriyaki	1 serving	3 oz	85	170	60	6	1.5	0	40	750	14	0	3	16	-	-	-	-	-	-	X	X	-	X
BONELESS WINGS																								
Naked	Full order	16 oz	454	920	340	38	8	0	245	3020	59	0	0	97	-	-	-	-	-	-	X	X	-	X
BBQ	Full order	16 oz	539	1040	340	38	7	0	165	540	102	0	24	76	-	-	-	-	-	-	X	X	-	X
Buffalo	Full order	16 oz	539	950	350	39	8	0	245	5300	64	1	1	98	-	-	-	-	-	-	X	X	-	X
Garlic Parmesan	Full order	16 oz	539	1370	750	83	16	0.5	250	4200	70	0	2	99	X	-	-	-	-	-	X	X	-	X
Honey Mustard	Full order	16 oz	539	1270	640	71	14	0	270	3520	79	0	16	100	-	X	-	-	-	-	X	X	-	X
Sweet Chili	Full order	16 oz	539	1040	340	38	8	0	245	3840	89	0	25	97	-	-	-	-	-	-	X	X	-	X
Teriyaki	Full order	16 oz	539	1030	340	38	8	0	245	4540	85	0	18	100	-	-	-	-	-	-	X	X	-	X

CHICKEN WINGS & TENDERS CONT.

PRODUCT	NUTRITION													ALLERGENS										
	Size	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
BONELESS WINGS																								
Naked	1/2 order	8 oz	227	460	170	19	4	0	120	1510	30	0	0	49	-	-	-	-	-	-	X	X	-	X
BBQ	1/2 order	8 oz	269	530	170	19	4	0	120	1780	47	0	12	49	-	-	-	-	-	-	X	X	-	X
Buffalo	1/2 order	8 oz	269	470	180	20	4	0	120	2650	32	1	0	49	-	-	-	-	-	-	X	X	-	X
Garlic Parmesan	1/2 order	8 oz	269	690	370	41	8	0	125	2100	35	0	1	50	X	-	-	-	-	-	X	X	-	X
Honey Mustard	1/2 order	8 oz	269	640	320	35	7	0	135	1760	39	0	8	50	-	X	-	-	-	-	X	X	-	X
Sweet Chili	1/2 order	8 oz	269	520	170	19	4	0	120	1920	45	0	12	49	-	-	-	-	-	-	X	X	-	X
Teriyaki	1/2 order	8 oz	269	520	170	19	4	0	120	2270	43	0	9	50	-	-	-	-	-	-	X	X	-	X
BONE-IN WINGS																								
Naked	1 serving	3 oz	85	220	150	16	4.5	0	55	360	2	0	0	17	-	-	-	-	-	-	-	-	-	-
BBQ	1 serving	3 oz	85	210	120	14	3.5	0	50	390	7	0	4	14	-	-	-	-	-	-	-	-	-	X
Buffalo	1 serving	3 oz	85	190	120	14	3.5	0	50	670	2	0	0	15	-	-	-	-	-	-	-	-	-	X
Garlic Parmesan	1 serving	3 oz	85	260	190	21	5	0	50	490	3	0	0	15	X	-	-	-	-	-	-	-	-	X
Honey Mustard	1 serving	3 oz	85	240	170	19	4.5	0	55	380	5	0	3	15	-	X	-	-	-	-	-	-	-	X
Sweet Chili	1 serving	3 oz	85	200	120	14	3.5	0	50	430	6	0	4	14	-	-	-	-	-	-	-	-	-	X
Teriyaki	1 serving	3 oz	85	200	120	14	3.5	0	50	540	6	0	3	15	-	-	-	-	-	-	X	X	-	X
BONE-IN WINGS																								
Naked	Full order	16 oz	454	1170	780	87	23	0	305	1940	10	0	0	92	-	-	-	-	-	-	-	-	-	-
BBQ	Full order	16 oz	539	1310	780	87	23	0	305	2480	46	0	24	92	-	-	-	-	-	-	-	-	-	X
Buffalo	Full order	16 oz	539	1200	790	88	23	0	305	4220	15	1	1	92	-	-	-	-	-	-	-	-	-	X
Garlic Parmesan	Full order	16 oz	539	1630	1190	132	31	0.5	310	3110	21	0	2	94	X	-	-	-	-	-	-	-	-	X
Honey Mustard	Full order	16 oz	539	1530	1080	120	28	0	335	2430	29	0	16	94	-	X	-	-	-	-	-	-	-	X
Sweet Chili	Full order	16 oz	539	1300	780	87	23	0	305	2750	40	0	25	92	-	-	-	-	-	-	-	-	-	X
Teriyaki	Full order	16 oz	539	1290	780	87	23	0	305	3450	36	0	18	94	-	-	-	-	-	-	X	X	-	X
BONE-IN WINGS																								
Naked	1/2 order	8 oz	227	590	390	43	11	0	155	970	5	0	0	46	-	-	-	-	-	-	-	-	-	-
BBQ	1/2 order	8 oz	269	660	390	43	11	0	155	1240	23	0	12	46	-	-	-	-	-	-	-	-	-	X
Buffalo	1/2 order	8 oz	269	600	400	44	12	0	155	2110	7	1	0	46	-	-	-	-	-	-	-	-	-	X
Garlic Parmesan	1/2 order	8 oz	269	810	590	66	15	0	155	1560	11	0	1	47	X	-	-	-	-	-	-	-	-	X
Honey Mustard	1/2 order	8 oz	269	760	540	60	14	0	165	1220	15	0	8	47	-	X	-	-	-	-	-	-	-	X
Sweet Chili	1/2 order	8 oz	269	650	390	43	11	0	155	1370	20	0	12	46	-	-	-	-	-	-	-	-	-	X
Teriyaki	1/2 order	8 oz	269	640	390	43	11	0	155	1730	18	0	9	47	-	-	-	-	-	-	X	X	-	X

BROASTER CHICKEN & SIDES																							
PRODUCT	NUTRITION													ALLERGENS									
	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
Biscuits	1 piece	28	90	30	3.5	2.5	0	0	330	13	0	1	2	-	-	-	-	-	-	X	X	-	-
Baked Beans	4 oz	113	120	10	1	0	0	0	480	25	4	10	5	-	-	-	-	-	-	-	-	-	-
Broaster Chicken Breast	1 piece	220	320	80	9	2	0	140	930	5	-	-	43	-	-	-	-	-	-	X	X	-	-
Broaster Chicken Leg	1 piece	92	150	60	7	2	0	85	590	2	-	-	17	-	-	-	-	-	-	X	X	-	-
Broaster Chicken Tender (Fresh)	1 piece	26	130	63	7	1	0	24	630	9	-	-	10	-	-	-	-	-	-	X	X	-	-
Broaster Chicken Tender (Pre-breaded)	1 piece	33	161	60	6.7	0.6	0	25	737	12.4	-	-	12.8	-	-	-	-	-	-	X	X	-	-
Broaster Chicken Thigh	1 piece	142	290	140	16	4	0	130	700	4	-	-	24	-	-	-	-	-	-	X	X	-	-
Broaster Chicken Wing (in with mixed bag)	1 piece	78	160	90	10	2	0	75	610	3	-	-	14	-	-	-	-	-	-	X	X	-	-
Broaster Chicken Wings (as an order of wings)	1 piece	31	177	108	12	2	0	60	576	9	-	-	10	-	-	-	-	-	-	X	X	-	-
Cheesy Potatoes	4 oz	113	300	170	19	5	0	15	570	29	2	1	6	X	X	-	-	-	-	-	-	-	-
Coleslaw	4 oz	113	210	160	18	2.5	0	10	520	13	2	10	1	-	X	-	-	-	-	-	-	-	-
Corn	4 oz	113	90	5	1	0	0	0	280	21	3	3	3	-	-	-	-	-	-	-	-	-	-
Gravy	2 oz	57	30	10	1	0	0	5	280	4	0	2	0	X	-	-	-	-	-	X	X	-	-
Green Beans	4 oz	113	50	0	0	0	0	0	5	8	3	3	2	-	-	-	-	-	-	-	-	-	-
Mashed Potatoes	4 oz	113	100	30	3	0.5	0	0	350	17	1	1	2	-	-	-	-	-	-	-	-	-	-
Mixed Vegetables	4 oz	113	90	5	0.5	0	0	0	30	18	3	6	3	-	-	-	-	-	-	-	-	-	-
Potato Wedges	4 oz	85	140	60	7	1	0	0	390	18	2	0	2	-	-	-	-	-	-	-	X	-	-
PINT																							
Baked Beans	1 Pint	454	490	30	3.5	0	0	0	1920	101	17	42	21	-	-	-	-	-	-	-	-	-	-
Coleslaw	1 Pint	454	850	650	72	10	0	35	2090	51	7	38	4	-	X	-	-	-	-	-	-	-	-
Corn	1 Pint	330	260	20	2	0	0	0	810	62	8	10	8	-	-	-	-	-	-	-	-	-	-
Gravy	1 Pint	454	220	70	8	0	0	30	2220	32	0	16	0	X	-	-	-	-	-	X	X	-	-
Green Beans	1 Pint	242	120	5	0.5	0	0	0	10	18	6	7	4	-	-	-	-	-	-	-	-	-	-
Mashed Potatoes	1 Pint	484	430	120	14	3	0.5	0	1480	71	6	2	8	-	-	-	-	-	-	-	-	-	-
Potato Wedges	1 Pint	227	370	170	19	2.5	0	0	1040	48	5	0	5	-	-	-	-	-	-	-	X	-	-
Cheesy Potatoes	1 Pint	454	1220	680	76	21	1	60	2300	117	8	4	22	X	X	-	-	-	-	-	-	-	-
QUART																							
Baked Beans	1 Quart	907	980	60	7	0	0	0	3840	202	35	84	42	-	-	-	-	-	-	-	-	-	-
Coleslaw	1 Quart	907	1700	1300	145	20	0	65	4170	101	14	77	7	-	X	-	-	-	-	-	-	-	-
Corn	1 Quart	660	520	40	4.5	0	0	0	1620	123	16	20	17	-	-	-	-	-	-	-	-	-	-
Gravy	1 Quart	907	450	140	16	0	0	65	4450	64	0	32	0	X	-	-	-	-	-	X	X	-	-
Green Beans	1 Quart	484	230	10	1	0	0	0	25	35	12	15	8	-	-	-	-	-	-	-	-	-	-
Mashed Potatoes	1 Quart	968	860	250	27	6	0	0	2960	142	13	5	16	-	-	-	-	-	-	-	-	-	-
Potato Wedges	1 Quart	454	750	340	37	5	0	0	2080	96	11	0	11	-	-	-	-	-	-	-	X	-	-
Cheesy Potatoes	1 Quart	907	2430	1360	152	42	1.5	120	4600	234	15	9	45	X	X	-	-	-	-	-	-	-	-

SALADS																							
PRODUCT	Size	NUTRITION													ALLERGENS								
		Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG
Grab'n Go Chicken BLT Salad	Individual	1	288	240	100	11	3.5	0	75	740	8	4	4	28	-	-	-	-	-	X	X	-	-
Grab'n Go Italian Chef Salad	Individual	1	326	130	60	7	2	0	15	1100	13	7	6	6	-	-	-	-	-	-	X	-	-
Grab'n Go Garden Salad	Side	1	161	25	5	0	0	0	10	6	3	3	2	-	-	-	-	-	-	-	X	-	-
Grab'n Go Garden Salad	Individual	1	294	50	5	0.5	0	0	20	10	5	5	3	-	-	-	-	-	-	-	X	-	-

SANDWICHES																							
PRODUCT	NUTRITION													ALLERGENS									
	Serving Size	Weight (g)	Calories	Calories from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion
HOT & COLD SUBS																							
BLT White	1	217	450	160	18	4	0	25	990	50	1	2	20	-	-	-	-	-	-	-	X	-	-
BLT Wheat	1	227	490	180	20	4	0	25	1010	56	3	8	20	-	-	-	-	-	-	-	X	-	-
Chicken Club White	1	229	600	220	25	6	0	55	1330	58	1	2	33	X	-	-	-	-	-	-	X	-	-
Chicken Club Wheat	1	309	640	240	27	6	0	55	1350	64	3	8	33	X	-	-	-	-	-	-	X	-	-
Club Combo White	1	321	610	260	29	10	0	95	2330	52	1	3	35	X	-	-	-	-	-	-	X	-	-
Club Combo Wheat	1	331	650	280	31	10	0	95	2350	58	3	9	35	X	-	-	-	-	-	-	X	-	-
Combo White	1	357	630	260	29	10	0	105	2500	56	4	3	39	X	-	-	-	-	-	-	X	-	-
Combo Wheat	1	367	670	270	31	10	0	105	2520	62	6	9	39	X	-	-	-	-	-	-	X	-	-
Ham White	1	351	610	260	29	11	0	95	2830	51	1	2	37	X	-	-	-	-	-	-	X	-	-
Ham Wheat	1	361	650	280	31	11	0	95	2850	57	3	8	37	X	-	-	-	-	-	-	X	-	-
Ham and Salami White	1	296	620	300	33	12	0	85	2130	51	1	2	28	X	-	-	-	-	-	-	X	-	X
Ham and Salami Wheat	1	306	660	310	35	12	0	85	2150	57	3	8	28	X	-	-	-	-	-	-	X	-	X
Italian White	1	322	680	340	38	14	0	100	2420	53	2	2	33	X	-	-	-	-	-	-	X	-	X
Italian Wheat	1	332	720	360	40	14	0	100	2440	59	4	8	33	X	-	-	-	-	-	-	X	-	X
Roast Beef White	1	351	630	270	30	11	0	105	2240	51	1	2	39	X	-	-	-	-	-	-	X	-	X
Roast Beef Wheat	1	361	670	290	32	11	0	105	2260	57	3	8	39	X	-	-	-	-	-	-	X	-	X
Turkey White	1	351	590	230	26	9	0	105	2660	54	1	4	39	X	-	-	-	-	-	-	X	-	-
Turkey Wheat	1	361	630	250	28	9	0	105	2680	60	3	10	39	X	-	-	-	-	-	-	X	-	-
Turkey Club White	1	321	600	250	28	10	0	95	2350	53	1	4	35	X	-	-	-	-	-	-	X	-	-
Turkey Club Wheat	1	331	640	270	30	10	0	95	2370	59	3	10	35	X	-	-	-	-	-	-	X	-	-
Veggie White	1	271	380	110	13	1.5	0	0	1120	55	3	4	12	X	-	-	-	-	-	-	X	-	-
Veggie Wheat	1	281	420	130	15	1.5	0	0	1140	61	5	10	12	X	-	-	-	-	-	-	X	-	-
OVEN BAKED SANDWICHES																							
Ham & Cheese Ciabatta	1	249	530	210	23	11	0.5	100	1700	42	0	3	39	X	-	-	-	-	-	-	X	-	-
Italian Supreme Ciabatta	1	406	780	370	41	15	0	120	2150	56	4	7	49	X	-	-	-	-	-	-	X	-	-
Spicy Sausage Ciabatta	1	253	660	350	38	14	0	90	1820	46	2	4	34	X	-	-	-	-	-	-	X	-	-
Stromboli Ciabatta	1	249	590	260	29	11	0	70	1900	49	2	5	35	X	-	-	-	-	-	-	X	-	-
GRAB 'N GO																							
Club Combo Focaccia	1	351	640	220	24	9	0	130	2680	63	3	4	42	X	-	-	-	-	-	-	X	-	X
Club Combo Tomato Basil	1	351	640	220	24	9	0	130	2680	63	3	4	42	X	-	-	-	-	-	-	X	-	X
Club Combo Wheat	1	331	580	220	24	9	0	110	2580	55	3	8	40	X	-	-	-	-	-	-	X	-	-
Ham & American Cheese Focaccia	1	345	610	220	24	10	0	95	2560	60	3	1	39	X	-	-	-	-	-	-	X	-	X
Ham & American Cheese Tomato Basil	1	345	630	220	24	10	0	115	2560	62	3	3	39	X	-	-	-	-	-	-	X	-	X
Ham & American Cheese Wheat	1	325	570	220	24	10	0	95	2460	54	3	7	37	X	-	-	-	-	-	-	X	-	-
Italian Meat Trio Focaccia	1	322	700	300	33	14	0	100	2500	60	3	3	37	X	-	-	-	-	-	-	X	-	X
Italian Meat Trio Tomato Basil	1	322	720	300	33	14	0	120	2500	62	3	5	37	X	-	-	-	-	-	-	X	-	X
Italian Meat Trio Wheat	1	302	660	300	33	14	0	100	2400	54	3	9	35	X	-	-	-	-	-	-	X	-	X
Turkey & Swiss Focaccia	1	345	590	170	19	8	0	100	2630	62	3	5	42	X	-	-	-	-	-	-	X	-	X
Turkey & Swiss Tomato Basil	1	345	610	170	19	8	0	120	2630	64	3	7	42	X	-	-	-	-	-	-	X	-	X
Turkey & Swiss Wheat	1	325	550	170	19	8	0	100	2530	56	3	11	40	X	-	-	-	-	-	-	X	-	-

